

# CENTRAL LABOR REHABILITATION COUNCIL OF NEW YORK, INC.

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## *Hands to Help*

HARRY VAN ARSDALE, JR.  
*Founder*

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### Staff

CHARLES WINICK, Ph.D.  
*Technical Consultant*

GARY FISHBEIN, LCSW  
*Clinical Coordinator*

CHRISTOPHER P. O'HARA  
*Attorney*

## Services offered by the Central Labor Rehabilitation Council/Community Services Committee – CLRC/CSC

### CHEMICAL DEPENDENCY

1. Identification of alcohol and drug addiction problems (including family members)
  - a. Intervention
  - b. Referrals
  - c. Case Management
  - d. Counseling\*

### STRESS AND DEPRESSION

1. Problem indicators
2. Problem identifiers
3. Problem solutions
  - a. Referrals
  - b. Case Management
  - c. Counseling\*

### CRITICAL INCIDENT STRESS DEBRIEFING

#### Problems addressed

- a. Group sessions
- b. Referrals
- c. Counseling\*

### GRIEF OR BEREAVEMENT LOSS

1. Referrals
2. Case Management
3. Counseling\*

### ELDER CARE

1. Referrals
2. Counseling\*

### FINANCIAL ASSISTANCE

1. Rent Assistance Referrals
2. Utilities Assistance Referrals
3. Financial and Budget Counseling Referrals

Howard A. Van Jones, Administrator



*“Social Service Arm of the Trade Union Movement”*

## **DOMESTIC AND WORKPLACE VIOLENCE**

- 1. Problem Identifiers**
- 2. Problem Avoidance**
- 3. Referrals**
  - a. Shelters**
  - b. Care Centers**
  - c. Legal System**

**\* The Central Labor Rehabilitation Council has hired Social Workers to help facilitate our programs. These Social Workers will provide short-term counseling and make referrals, as necessary.**

**All services are provided free of charge to your members, their families and retirees.**

**FOR COUNSELING APPOINTMENTS CALL: 212-414-4124**